FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Indirect (I)

D

(Instr. 4)

(Instr. 3 and 4)

75,038

\$<mark>0</mark>

Α

Ownership

(Instr. 4)

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person [*] TONG CHRIS | | | | ssuer Name and Tick SSMOS Energy | 0 | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner | | | | | |
|--|---------|-------|------------------------|--|-------------------|---|--|------------------------------------|------------------------------|--------------------------|--|--|
| (Last) (First) (Middle) | | | | Date of Earliest Trans /14/2013 | action (Month/ | | Director Officer (give title below) | | (specify | | | |
| C/O KOSMOS ENERGY, LLC 8176 PARK LANE, SUITE 500 | | | 4. 1 | f Amendment, Date o | of Original Filec | l (Month/Day/Year) | 6. Individual or Joint/Group Filing (Check Applicable Line) | | | | | |
| | | | | | | | X | Form filed by One Reporting Person | | | | |
| (Street) DALLAS | TX | 75231 | | | | | | Form filed by Mo Person | re than One Re | porting | | |
| (City) | (State) | (Zip) | | | | | | | | | | |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | |
| Date | | | 2. Transaction Date | 2A. Deemed Execution Date, | 3. Transaction | 4. Securities Acquired Disposed Of (D) (Instr. | | 5. Amount of Securities | 6. Ownership Form: Direct | 7. Nature of Indirect | | |

(Month/Day/Year) 8) Owned Following Reported Transaction(s)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

A

13,035(1)

| | | (e.g., p | uis, cai | 15, 1 | warre | ants, | opuons, c | convenuo | ie sec | unues) | | | | |
|---|---|----------|---|-------|-------|-------|--|--------------------|---|--|--|--|--|-------------------------|
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | | 4. Transaction Code (Instr. 8) | | | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership |
| | | | Code | v | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | | | |

Explanation of Responses:

Common Shares

1. These restricted share units were granted under the Issuer's Long Term Incentive Plan (the "Plan") and are scheduled to vest 100% on October 1, 2014, subject to the terms of the Plan and the applicable award agreement issued thereunder.

Remarks:

/s/ Phillip Feiner, as Attorneyin-Fact 10/23/2013

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

10/14/2013

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.